

Vivago® **VITA** well being solution



VITA

Vivago® **VITA** wellbeing solution is for residents in sheltered homes to monitor their wellbeing and health. The solution complements Vivago® **VIVA** safety solution and supports nursing by offering diverse and valuable additional information of the patients' wellbeing and functional ability.



Vivago

Reliable information to support nursing

Activity as an indicator of functional ability

Vivago CARE watch collects automatically wellbeing data from its user's movements and forwards it to Vista software. With the activity curves, produced by VITA solution, patient's activity can be followed in real time and the development of functional ability can be analysed over a longer period.

Activity curves drawn by the Vista software visualize the patient's daily movement and the intensity of the circadian rhythm. With the help of the saved wellbeing history, changes in client's daily rhythm and functional ability are easily visible. This information can be used also while evaluating the effect of client's medication.

The real time activity curve data can be made use of especially on the night shifts. The nurses can be notified of the night-time awakenings of the patients, for example, by sending a notification to their phones. Possible need for assistance is easier to verify, the quality of nursing work improves and customer safety can be improved.

Compare the features!	Vivago® VITA is a safety solution	Traditional nurse call system
Wellbeing data	Yes	No
Real time following of the activity	Yes	No
Following of the circadian rhythm	Yes	No
Evaluation of functional ability	Yes	No
Following the effectiveness of actions	Yes	No
Diverse reports to support the nursing	Yes	No
Notification of long-term changes in functional ability	Yes	No
Documentation and reports for relatives, medical staff and doctors	Yes	No

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